There are many ways to support the work of Mothers' Union

Become a member and pay an annual subscription

Become a supporter at our many and varied Fundraising Events

Buy from our Virtual Gift Catalogues; `Celebrate with Us' is available all year

'Make a Mothers' Day' is designed specifically around Mothering Sunday

Give a one-off donation

Give a regular donation

Buy gifts and cards from MUenterprises

Subscribe to our bi-monthly magazine Families First



Mothers' Union is a Christian, worldwide mission organisation funded by members' subscriptions, and by donations from members and supporters.

Founded in 1876 there are over four million members in 83 countries. In the Diocese of Lichfield there are over 1600 Mothers' Union members.

If you would like to know more about the work of Mothers' Union or feel that we may be able to help or support you please do contact us;

Mothers' Union Office The Parish Church of St Thomas & St Andrew Doxey, Stafford, ST16 1EQ

Tel: 01785 227221 Email: office@mothersunionlichfield.org.uk www.mothersunionlichfield.org.uk



Registered Charity No. 249942

The Vision of Mothers' Union is of a world where God's love is shown through loving, respectful and flourishing relationships.

Our Values

There are more than four million members of Mothers' Union today in 83 countries around the world. Each member subscribes to the same values; the moral and ethical codes that are central to the ways in which we operate.

Firstly, we are firmly rooted in a voluntary ethos centred on mutual respect and collaboration.

Secondly, our governance, leadership, and programmes are driven by and undertaken through members within their own communities worldwide.

Thirdly, we work with people of all faiths and none.



Supporting the Local Community members provide;

Premature baby & neo-natal garments

Comfort Teddies for distressed children

Toiletry Packs for the Acute Admissions wards at hospitals

Knitted Breasts to help teach new mums to breastfeed

Dementia Cushions and 'Fiddle Pinnys' for use in mental health units

Essential toiletries, nappies, household items & Christmas Gifts for women and children in Refuge Centres

Cards for 7,000 prisoners at Christmas

Holidays and short breaks for families and individuals suffering from stress

Tea & Toast clubs for parents etc after taking children to school in a morning

and many more local projects

Prayer is central to all that we do;

Quiet Days

Prayer Chains

Festival services

Lady Day services

Prayers at midday throughout the world

Prayer cards for Baptism, Weddings and premature babies

Baptism Preparation & anniversary cards

Wedding Preparation and cards

Sunday Church Services

Worship resources for all ages



and action

Hand in Hand: Enjoying faith as a family



Campaigning;

BYE BUY CHILDHOOD Valuing children as children, not consumers.

We believe children should be valued as children, not consumers.

Our Bye Buy Childhood campaign aims to empower families to challenge the commercialisation and sexualisation of childhood through positive action.

> 16 Days of Activism Against **Gender-based** Violence

Mothers' Union takes part in 16 Days of Activism Against Gender Violence, which runs from 25th November – 10th December every year.

Help us join with others from around the world to end violence against women and girls, by raising awareness and calling for change.